



Week 1

Sat May 2 3:50 pm ET	Capital City Crush	Released	Dwayne Allen	IND	TE	Owner
Sat May 2 9:59 pm ET	Fathead	Released	Shayne Graham	ATL	K	Owner
Sat May 2 9:59 pm ET	Fathead	Released	Kerwynn Williams	ARI	RB	Owner
Sun May 3 9:06 pm ET	House of Pain	Released	Josh Gordon	CLE	WR	Owner
Sun May 3 9:06 pm ET	House of Pain	Released	Charles Sims	TAM	RB	Owner
Sun May 3 9:06 pm ET	House of Pain	Released	Bryce Brown	SEA	RB	Owner
Sun May 3 9:06 pm ET	House of Pain	Released	Johnny Manziel	CLE	QB	Owner
Sun May 3 9:06 pm ET	House of Pain	Released	Jay Cutler	CHI	QB	Owner
Mon May 4 1:35 pm ET	Capital City Crush	Released	Vernon Davis	DEN	TE	Owner
Mon May 4 1:35 pm ET	Capital City Crush	Released	Justin Hunter	TEN	WR	Owner
Mon May 4 2:12 pm ET	Q Dawgs	Released	Jordan Cameron	MIA	TE	Owner
Mon May 4 2:12 pm ET	Q Dawgs	Released	Kyle Rudolph	MIN	TE	Owner
Mon May 4 2:12 pm ET	Q Dawgs	Released	Harry Douglas	TEN	WR	Owner
Mon May 4 2:12 pm ET	Q Dawgs	Released	James Jones	GNB	WR	Owner
Mon May 4 2:12 pm ET	Q Dawgs	Released	Chris Johnson	ARI	RB	Owner
Mon May 4 2:12 pm ET	Q Dawgs	Released	Fred Jackson	SEA	RB	Owner
Mon May 4 2:12 pm ET	Q Dawgs	Released	Blake Bortles	JAC	QB	Owner
Mon May 4 2:12 pm ET	Q Dawgs	Released	Mark Sanchez	PHI	QB	Owner
Mon May 4 10:00 pm ET	Elvers Pretzely	Released	Caleb Sturgis	PHI	K	Owner
Mon May 4 10:00 pm ET	Elvers Pretzely	Released	Lance Kendricks	STL	TE	Owner
Mon May 4 10:00 pm ET	Elvers Pretzely	Released	Allen Hurns	JAC	WR	Owner
Mon May 4 10:00 pm ET	Elvers Pretzely	Released	Aaron Dobson	NWE	WR	Owner
Mon May 4 10:00 pm ET	Elvers Pretzely	Released	Eric Decker	NYJ	WR	Owner
Mon May 4 10:00 pm ET	Elvers Pretzely	Released	Shane Vereen	NYG	RB	Owner
Mon May 4 10:00 pm ET	Elvers Pretzely	Released	Antone Smith	---	RB	Owner
Mon May 4 10:00 pm ET	Elvers Pretzely	Released	Knowshon Moreno	MIA	RB	Owner
Mon May 4 10:06 pm ET	Fathead	Released	Miami Dolphins	MIA	Def/ST	Owner
Mon May 4 10:06 pm ET	Fathead	Released	Markus Wheaton	PIT	WR	Owner
Mon May 4 10:06 pm ET	Fathead	Released	Ronnie Hillman	DEN	RB	Owner
Mon May 4 10:06 pm ET	Fathead	Released	Teddy Bridgewater	MIN	QB	Owner
Mon May 4 10:11 pm ET	Fathead	Released	Charles Clay	BUF	TE	Owner
Mon May 4 10:29 pm ET	Fathead	Released	Marques Colston	NOR	WR	Owner
Tue May 5 4:14 pm ET	Legion of Doom	Released	Chicago Bears	CHI	Def/ST	Owner
Tue May 5 4:14 pm ET	Legion of Doom	Released	Robbie Gould	CHI	K	Owner
Tue May 5 4:14 pm ET	Legion of Doom	Released	Levine Toilolo	ATL	TE	Owner
Tue May 5 4:14 pm ET	Legion of Doom	Released	Doug Baldwin	SEA	WR	Owner
Tue May 5 4:14 pm ET	Legion of Doom	Released	Riley Cooper	PHI	WR	Owner
Tue May 5 4:14 pm ET	Legion of Doom	Released	LeGarrette Blount	NWE	RB	Owner
Tue May 5 8:21 pm ET	Licked-N-Rolled	Released	Cleveland Browns	CLE	Def/ST	Owner
Tue May 5 8:21 pm ET	Licked-N-Rolled	Released	Richard Rodgers	GNB	TE	Owner
Tue May 5 8:21 pm ET	Licked-N-Rolled	Released	Travis Benjamin	CLE	WR	Owner
Tue May 5 8:21 pm ET	Licked-N-Rolled	Released	Pierre Thomas	WAS	RB	Owner
Tue May 5 8:21 pm ET	Licked-N-Rolled	Released	Ryan Tannehill	MIA	QB	Owner
Tue May 5 8:23 pm ET	Licked-N-Rolled	Released	Tavon Austin	STL	WR	Owner
Tue May 5 8:23 pm ET	Licked-N-Rolled	Released	Michael Crabtree	OAK	WR	Owner
Tue May 5 8:23 pm ET	Licked-N-Rolled	Released	James Starks	GNB	RB	Owner
Wed May 6 8:44 am ET	House of Pain	Released	John Brown	ARI	WR	Owner
Wed May 6 8:44 am ET	House of Pain	Released	Ryan Mathews	PHI	RB	Owner
Wed May 6 8:44 am ET	House of Pain	Released	C.J. Spiller	NOR	RB	Owner
Wed May 6 2:27 pm ET	Capital City Crush	Released	Terrance Williams	DAL	WR	Owner
Wed May 6 2:29 pm ET	Capital City Crush	Released	Dan Herron	IND	RB	Owner
Wed May 6 2:30 pm ET	Capital City Crush	Released	Matt Asiata	MIN	RB	Owner
Wed May 6 2:33 pm ET	Capital City Crush	Released	Khiry Robinson	NOR	RB	Owner
Wed May 6 11:31 pm ET	redneC	Released	Kansas City Chiefs	KAN	Def/ST	Owner
Wed May 6 11:31 pm ET	redneC	Released	Jordan Reed	WAS	TE	Owner
Wed May 6 11:31 pm ET	redneC	Released	Eddie Royal	CHI	WR	Owner
Fri May 8 10:03 am ET	.33 Brady Island	Released	Wes Welker	STL	WR	Owner
Fri May 8 10:03 am ET	.33 Brady Island	Released	Anquan Boldin	SFO	WR	Owner
Fri May 8 10:03 am ET	.33 Brady Island	Released	Reggie Wayne	---	WR	Owner
Fri May 8 10:03 am ET	.33 Brady Island	Released	Steve Smith	BAL	WR	Owner
Fri May 8 10:03 am ET	.33 Brady Island	Released	Ben Tate	---	RB	Owner



Fri May 8 10:03 am ET	.33 Brady Island	Released	Kyle Orton	BUF	QB	Owner
Sat May 9 9:42 am ET	redneC	Released	Pierre Garcon	WAS	WR	Owner
Sat May 9 9:42 am ET	redneC	Released	Jonas Gray	JAC	RB	Owner
Sat May 9 9:42 am ET	redneC	Released	Robert Griffin III	WAS	QB	Owner
Sat May 9 10:06 am ET	Earl's Marauders	Released	Timothy Wright	DET	TE	Commissioner
Sat May 9 10:06 am ET	Earl's Marauders	Released	Larry Donnell	NYG	TE	Commissioner
Sat May 9 10:06 am ET	Earl's Marauders	Released	Rod Streater	OAK	WR	Commissioner
Sat May 9 10:06 am ET	Earl's Marauders	Released	Andre Holmes	OAK	WR	Commissioner
Sat May 9 10:06 am ET	Earl's Marauders	Released	Hakeem Nicks	NYG	WR	Commissioner
Sat May 9 10:06 am ET	Earl's Marauders	Released	Stevan Ridley	NYJ	RB	Commissioner
Sat May 9 10:06 am ET	Earl's Marauders	Released	Reggie Bush	SFO	RB	Commissioner
Sat May 9 10:06 am ET	Earl's Marauders	Released	St. Louis Rams	STL	Def/ST	Commissioner
Sat May 9 11:46 am ET	Licked-N-Rolled	Acquired	James Starks	GNB	RB	Commissioner
Sat May 9 9:31 pm ET	Capital City Crush	Released	Bernard Pierce	JAC	RB	Owner
Sat May 9 9:31 pm ET	Capital City Crush	Released	Ahmad Bradshaw	IND	RB	Owner
Sun May 10 5:15 am ET	.33 Brady Island	Released	Zach Ertz	PHI	TE	Owner
Sun May 10 5:15 am ET	.33 Brady Island	Released	Jarvis Landry	MIA	WR	Owner
Sun May 10 6:42 pm ET	redneC	Released	Ray Rice	---	RB	Owner
Sun May 10 7:32 pm ET	outhere	Released	Randy Bullock	NYJ	K	Commissioner
Sun May 10 7:32 pm ET	outhere	Released	Owen Daniels	DEN	TE	Commissioner
Sun May 10 7:32 pm ET	outhere	Released	Heath Miller	PIT	TE	Commissioner
Sun May 10 7:32 pm ET	outhere	Released	Benny Cunningham	STL	RB	Commissioner
Sun May 10 7:32 pm ET	outhere	Released	Stepfan Taylor	ARI	RB	Commissioner
Sun May 10 7:32 pm ET	outhere	Released	Maurice Jones-Drew	OAK	RB	Commissioner
Sun May 10 7:32 pm ET	outhere	Released	Steven Jackson	NWE	RB	Commissioner
Sun May 10 7:32 pm ET	outhere	Released	Joe Flacco	BAL	QB	Commissioner
Sun May 10 10:22 pm ET	11	Released	San Francisco 49ers	SFO	Def/ST	Owner
Sun May 10 10:22 pm ET	11	Released	Graham Gano	CAR	K	Owner
Sun May 10 10:22 pm ET	11	Released	Niles Paul	WAS	TE	Owner
Sun May 10 10:22 pm ET	11	Released	Cecil Shorts III	HOU	WR	Owner
Sun May 10 10:22 pm ET	11	Released	Zac Stacy	NYJ	RB	Owner
Sun May 10 10:22 pm ET	11	Released	Robert Turbin	DAL	RB	Owner
Sun May 10 10:22 pm ET	11	Released	Bilal Powell	NYJ	RB	Owner
Sun May 10 10:22 pm ET	11	Released	Donald Brown	SDG	RB	Owner
Sun Sep 6 2:57 pm ET	Fathead	Placed on IR	Jordy Nelson	GNB	WR	Owner
Sun Sep 6 4:18 pm ET	Licked-N-Rolled	Placed on IR	Kelvin Benjamin	CAR	WR	Owner
Sun Sep 6 4:34 pm ET	Q Dawgs	Released	Nick Novak	HOU	K	Owner

Wed Sep 2 8:25 pm ET	Capital City Crush 2015 Draft Rnd 3 Pick 1	Acquired	Earl's Marauders Torrey Smith, WR 2015 Draft Rnd 5 Pick 8	Acquired	Trade
Mon Aug 31 8:41 pm ET	Capital City Crush 2015 Draft Rnd 1 Pick 10 2015 Draft Rnd 3 Pick 6	Acquired	House of Pain Doug Martin, RB	Acquired	Trade
Sat May 2 9:04 pm ET	redneC 2015 Draft Rnd 5 Pick 1	Acquired	Capital City Crush Martellus Bennett, TE	Acquired	Trade

Week 2

Thu Sep 17 6:09 pm ET	Legion of Doom	Released	Phil Dawson	SFO	K	Waiver Wire
Thu Sep 17 6:09 pm ET	Elvers Pretzely	Acquired	Dion Lewis	NWE	RB	Waiver Wire
Thu Sep 17 6:09 pm ET	Elvers Pretzely	Released	Trent Richardson	---	RB	Waiver Wire
Thu Sep 17 6:09 pm ET	Elvers Pretzely	Acquired	Tennessee Titans	TEN	Def/ST	Waiver Wire
Thu Sep 17 6:09 pm ET	Elvers Pretzely	Released	Indianapolis Colts	IND	Def/ST	Waiver Wire
Thu Sep 17 6:09 pm ET	Elvers Pretzely	Acquired	Josh Brown	NYG	K	Waiver Wire
Thu Sep 17 6:09 pm ET	Elvers Pretzely	Released	Charles Clay	BUF	TE	Waiver Wire
Thu Sep 17 6:09 pm ET	Elvers Pretzely	Acquired	Darren Fells	ARI	TE	Waiver Wire
Thu Sep 17 6:09 pm ET	Elvers Pretzely	Released	Larry Donnell	NYG	TE	Waiver Wire
Thu Sep 17 6:09 pm ET	Elvers Pretzely	Acquired	Benny Cunningham	STL	RB	Waiver Wire
Thu Sep 17 6:09 pm ET	Elvers Pretzely	Released	Mychal Rivera	OAK	TE	Waiver Wire
Thu Sep 17 6:09 pm ET	Fathead	Acquired	Chris Johnson	ARI	RB	Waiver Wire
Thu Sep 17 6:09 pm ET	Fathead	Released	David Cobb	TEN	RB	Waiver Wire
Thu Sep 17 6:09 pm ET	Legion of Doom	Acquired	James Jones	GNB	WR	Waiver Wire



Fri Sep 18 6:02 am ET	outhere	Acquired	Lance Dunbar	DAL	RB	Commissioner
Fri Sep 18 6:02 am ET	outhere	Released	Derek Carr	OAK	QB	Commissioner
Fri Sep 18 6:03 am ET	outhere	Acquired	Robbie Gould	CHI	K	Commissioner
Fri Sep 18 6:03 am ET	outhere	Released	Shaun Suisham	PIT	K	Commissioner
Sat Sep 19 2:49 pm ET	outhere	Acquired	Steve Johnson	SDG	WR	Commissioner
Sat Sep 19 2:49 pm ET	outhere	Released	Andre Brown	---	RB	Commissioner
Sun Sep 20 10:56 am ET	Q Dawgs	Acquired	Zach Hocker	CIN	K	Owner
Sun Sep 20 10:56 am ET	Q Dawgs	Released	Sebastian Janikowski	OAK	K	Owner
Sun Sep 20 12:50 pm ET	rednC	Released	Montee Ball	NWE	RB	Owner

Week 3

Thu Sep 24 6:09 pm ET	Capital City Crush	Acquired	Travis Benjamin	CLE	WR	Waiver Wire
Thu Sep 24 6:09 pm ET	Capital City Crush	Placed on IR	Jay Ajayi	MIA	RB	Waiver Wire
Thu Sep 24 6:09 pm ET	Elvers Pretzely	Acquired	Crockett Gillmore	BAL	TE	Waiver Wire
Thu Sep 24 6:09 pm ET	Elvers Pretzely	Released	Mohamed Sanu	CIN	WR	Waiver Wire
Thu Sep 24 6:09 pm ET	Fathead	Acquired	Derek Carr	OAK	QB	Waiver Wire
Thu Sep 24 6:09 pm ET	Fathead	Released	Greg Jennings	MIA	WR	Waiver Wire
Thu Sep 24 6:09 pm ET	rednC	Acquired	Tyrod Taylor	BUF	QB	Waiver Wire
Thu Sep 24 6:09 pm ET	rednC	Released	Montee Ball	NWE	RB	Waiver Wire
Thu Sep 24 6:09 pm ET	outhere	Acquired	Rishard Matthews	MIA	WR	Waiver Wire
Thu Sep 24 6:09 pm ET	outhere	Released	Lance Dunbar	DAL	RB	Waiver Wire
Fri Sep 25 3:16 pm ET	House of Pain	Acquired	Sebastian Janikowski	OAK	K	Owner
Fri Sep 25 3:16 pm ET	House of Pain	Released	Matt Prater	DET	K	Owner
Fri Sep 25 5:23 pm ET	Capital City Crush	Released	Josh Scobee	PIT	K	Owner
Sat Sep 26 1:52 am ET	rednC	Acquired	Darrius Heyward-Bey	PIT	WR	Owner
Sat Sep 26 1:52 am ET	rednC	Placed on IR	Tony Romo	DAL	QB	Owner
Sun Sep 27 11:20 am ET	outhere	Acquired	Heath Miller	PIT	TE	Commissioner
Sun Sep 27 11:20 am ET	outhere	Released	Kenny Stills	MIA	WR	Commissioner

Fri Sep 25 5:23 pm ET	Capital City Crush	Acquired	Legion of Doom	Acquired	Trade
	T.J. Yeldon , RB		2016 Draft, Rnd 4		
	Released: Josh Scobee, K		2016 Draft, Rnd 1		

Week 4

Thu Oct 1 6:09 pm ET	Fathead	Acquired	Thomas Rawls	SEA	RB	Waiver Wire
Thu Oct 1 6:09 pm ET	Fathead	Released	Branden Oliver	SDG	RB	Waiver Wire
Thu Oct 1 7:07 pm ET	Earl's Marauders	Released	Eddie Royal	CHI	WR	Owner
Thu Oct 1 7:07 pm ET	Earl's Marauders	Released	Cecil Shorts III	HOU	WR	Owner
Sat Oct 3 11:21 am ET	.33 Brady Island	Acquired	Alex Smith	KAN	QB	Owner
Sat Oct 3 11:21 am ET	.33 Brady Island	Released	Jeff Janis	GNB	WR	Owner
Sat Oct 3 11:24 am ET	.33 Brady Island	Acquired	Graham Gano	CAR	K	Owner
Sat Oct 3 11:24 am ET	.33 Brady Island	Released	Kansas City Chiefs	KAN	Def/ST	Owner
Sun Oct 4 8:49 am ET	rednC	Acquired	Ted Ginn Jr.	CAR	WR	Owner
Sun Oct 4 8:49 am ET	rednC	Released	TJ Jones	DET	WR	Owner
Sun Oct 4 10:50 am ET	Elvers Pretzely	Acquired	Lance Dunbar	DAL	RB	Owner
Sun Oct 4 10:50 am ET	Elvers Pretzely	Released	Benny Cunningham	STL	RB	Owner
Sun Oct 4 10:52 am ET	Elvers Pretzely	Acquired	Seth Roberts	OAK	WR	Owner
Sun Oct 4 10:53 am ET	Elvers Pretzely	Released	Darren Fells	ARI	TE	Owner
Sun Oct 4 12:34 pm ET	outhere	Acquired	Matt Hasselbeck	IND	QB	Commissioner
Sun Oct 4 12:34 pm ET	outhere	Released	Teddy Bridgewater	MIN	QB	Commissioner

Thu Oct 1 7:07 pm ET	Capital City Crush	Acquired	Earl's Marauders	Acquired	Trade
	2016 Draft, Rnd 1		Mark Ingram, RB		
	2016 Draft, Rnd 4		Travis Benjamin, WR		
			Released: Cecil Shorts III, WR		
			Released: Eddie Royal, WR		

Week 5

Thu Oct 8 6:09 pm ET	Legion of Doom	Acquired	Charles Clay	BUF	TE	Waiver Wire
Thu Oct 8 6:09 pm ET	Fathead	Acquired	Willie Snead	NOR	WR	Waiver Wire
Thu Oct 8 6:09 pm ET	Fathead	Released	Cody Latimer	DEN	WR	Waiver Wire



Thu Oct 8 6:09 pm ET	Capital City Crush	Acquired	Michael Vick	PIT	QB	Waiver Wire
Thu Oct 8 7:22 pm ET	Elvers Pretzely	Placed on IR	Cody Parkey	PHI	K	Owner
Thu Oct 8 10:04 pm ET	Elvers Pretzely	Acquired	Tavon Austin	STL	WR	Owner
Thu Oct 8 10:04 pm ET	Elvers Pretzely	Placed on IR	Cody Parkey	PHI	K	Owner
Thu Oct 8 10:04 pm ET	Elvers Pretzely	Acquired	Atlanta Falcons	ATL	Def/ST	Owner
Thu Oct 8 10:04 pm ET	Elvers Pretzely	Released	Tennessee Titans	TEN	Def/ST	Owner
Fri Oct 9 11:13 pm ET	House of Pain	Acquired	Kirk Cousins	WAS	QB	Owner
Fri Oct 9 11:13 pm ET	House of Pain	Released	Charles Sims	TAM	RB	Owner
Sun Oct 11 1:07 am ET	redneC	Acquired	Gary Barnidge	CLE	TE	Owner
Sun Oct 11 1:07 am ET	redneC	Released	Dallas Cowboys	DAL	Def/ST	Owner
Sun Oct 11 11:23 am ET	Capital City Crush	Acquired	Anthony Dixon	BUF	RB	Owner
Sun Oct 11 11:23 am ET	Capital City Crush	Released	Cole Beasley	DAL	WR	Owner
Sun Oct 11 12:27 pm ET	redneC	Acquired	Robert Woods	BUF	WR	Owner
Sun Oct 11 12:27 pm ET	redneC	Released	Marlon Brown	BAL	WR	Owner
Mon Oct 12 1:17 am ET	Q Dawgs	Released	Cordarrelle Patterson	MIN	WR	Owner

Week 6

Thu Oct 15 6:09 pm ET	outhere	Acquired	Charcandrick West	KAN	RB	Waiver Wire
Thu Oct 15 6:09 pm ET	outhere	Released	Matt Hasselbeck	IND	QB	Waiver Wire
Fri Oct 16 4:41 pm ET	House of Pain	Acquired	Nick Folk	NYJ	K	Owner
Fri Oct 16 4:41 pm ET	House of Pain	Released	Kirk Cousins	WAS	QB	Owner
Sat Oct 17 5:15 am ET	Capital City Crush	Acquired	Larry Donnell	NYG	TE	Owner
Sat Oct 17 5:15 am ET	Capital City Crush	Released	Jordan Reed	WAS	TE	Owner
Sat Oct 17 9:27 pm ET	Elvers Pretzely	Acquired	Marquess Wilson	CHI	WR	Owner
Sat Oct 17 9:27 pm ET	Elvers Pretzely	Released	Seth Roberts	OAK	WR	Owner
Sun Oct 18 10:13 am ET	redneC	Acquired	Dwayne Harris	NYG	WR	Owner
Sun Oct 18 10:13 am ET	redneC	Placed on IR	Lorenzo Taliaferro	BAL	RB	Owner
Sun Oct 18 11:42 am ET	Licked-N-Rolled	Acquired	Ladarius Green	SDG	TE	Owner
Sun Oct 18 11:42 am ET	Licked-N-Rolled	Released	Jordan Cameron	MIA	TE	Owner
Sun Oct 18 12:20 pm ET	redneC	Acquired	Kamar Aiken	BAL	WR	Owner
Sun Oct 18 12:20 pm ET	redneC	Released	Robert Woods	BUF	WR	Owner

Week 7

Wed Oct 21 11:32 pm ET	Capital City Crush	Released	Michael Vick	PIT	QB	Owner
Thu Oct 22 6:09 pm ET	Legion of Doom	Acquired	Josh McCown	CLE	QB	Waiver Wire
Thu Oct 22 6:09 pm ET	Legion of Doom	Released	Cincinnati Bengals	CIN	Def/ST	Waiver Wire
Thu Oct 22 6:09 pm ET	Q Dawgs	Acquired	Jordan Reed	WAS	TE	Waiver Wire
Thu Oct 22 6:09 pm ET	Q Dawgs	Released	Roddy White	ATL	WR	Waiver Wire
Thu Oct 22 6:09 pm ET	Legion of Doom	Acquired	Travis Coons	CLE	K	Waiver Wire
Thu Oct 22 6:09 pm ET	Legion of Doom	Placed on IR	Jamaal Charles	KAN	RB	Waiver Wire
Thu Oct 22 6:09 pm ET	Legion of Doom	Acquired	Lance Moore	DET	WR	Waiver Wire
Thu Oct 22 6:09 pm ET	Legion of Doom	Released	Nick Foles	STL	QB	Waiver Wire
Thu Oct 22 6:09 pm ET	Capital City Crush	Acquired	New York Giants	NYG	Def/ST	Waiver Wire
Thu Oct 22 6:09 pm ET	Legion of Doom	Acquired	Antonio Andrews	TEN	RB	Waiver Wire
Thu Oct 22 6:09 pm ET	Legion of Doom	Released	Vernon Davis	DEN	TE	Waiver Wire
Thu Oct 22 6:09 pm ET	Q Dawgs	Acquired	Josh Lambo	SDG	K	Waiver Wire
Thu Oct 22 6:09 pm ET	Q Dawgs	Released	Zach Hocker	CIN	K	Waiver Wire
Thu Oct 22 6:09 pm ET	Capital City Crush	Acquired	Stefon Diggs	MIN	WR	Waiver Wire
Sun Oct 25 10:59 am ET	Earl's Marauders	Acquired	Charles Sims	TAM	RB	Commissioner
Sun Oct 25 10:59 am ET	Earl's Marauders	Released	Denard Robinson	JAC	RB	Commissioner
Sun Oct 25 11:36 am ET	.33 Brady Island	Acquired	Jamison Crowder	WAS	WR	Owner
Sun Oct 25 11:36 am ET	.33 Brady Island	Released	Alex Smith	KAN	QB	Owner

Thu Oct 22 8:52 pm ET	Capital City Crush	Acquired	Legion of Doom	Acquired	Trade
	Charles Clay, TE		Jeremy Maclin, WR		
	2016 Draft, Rnd 4 (from Capital City Crush)				

Week 8

Tue Oct 27 9:53 pm ET	redneC	Released	Lorenzo Taliaferro	BAL	RB	Owner
Thu Oct 29 12:14 am ET	Capital City Crush	Released	Anthony Dixon	BUF	RB	Owner
Thu Oct 29 6:07 pm ET	.33 Brady Island	Acquired	Orleans Darkwa	NYG	RB	Waiver Wire



Thu Oct 29 6:07 pm ET	.33 Brady Island	Released	Graham Gano	CAR	K	Waiver Wire
Thu Oct 29 10:01 pm ET	redneC	Acquired	Minnesota Vikings	MIN	Def/ST	Owner
Thu Oct 29 10:01 pm ET	redneC	Released	Zach Zenner	DET	RB	Owner
Fri Oct 30 8:37 pm ET	Capital City Crush	Released	New York Giants	NYG	Def/ST	Owner
Fri Oct 30 8:37 pm ET	Capital City Crush	Acquired	Tennessee Titans	TEN	Def/ST	Owner
Sat Oct 31 2:58 am ET	redneC	Acquired	Ryan Fitzpatrick	NYJ	QB	Owner
Sat Oct 31 2:58 am ET	redneC	Released	Darrius Heyward-Bey	PIT	WR	Owner
Sun Nov 1 11:30 am ET	Legion of Doom	Released	Travis Coons	CLE	K	Commissioner

Sun Nov 1 12:49 pm ET	Capital City Crush	Acquired	Q Dawgs	Acquired	Trade
	Danny Woodhead, RB		Matt Jones, RB		
	2016 Draft, Rnd 2				

Sun Nov 1 11:30 am ET	Q Dawgs	Acquired	Legion of Doom	Acquired	Trade
	2016 Draft, Rnd 2		Russell Wilson, QB		
			Released: Travis Coons, K		

Week 9

Tue Nov 3 11:31 am ET	Legion of Doom	Released	Devin Funchess	CAR	WR	Owner
Tue Nov 3 11:31 am ET	Legion of Doom	Released	Josh McCown	CLE	QB	Owner
Tue Nov 3 2:22 pm ET	Legion of Doom	Taken off IR	Jamaal Charles	KAN	RB	Owner
Tue Nov 3 2:22 pm ET	Legion of Doom	Placed on IR	Le'Veon Bell	PIT	RB	Owner
Wed Nov 4 7:23 pm ET	Capital City Crush	Released	Larry Donnell	NYG	TE	Owner
Thu Nov 5 12:56 pm ET	Q Dawgs	Placed on IR	Steve Smith	BAL	WR	Owner
Thu Nov 5 6:07 pm ET	Q Dawgs	Acquired	Cincinnati Bengals	CIN	Def/ST	Waiver Wire
Thu Nov 5 6:07 pm ET	Q Dawgs	Acquired	Jay Cutler	CHI	QB	Waiver Wire
Thu Nov 5 6:07 pm ET	Elvers Pretzely	Acquired	Benjamin Watson	NOR	TE	Waiver Wire
Thu Nov 5 6:07 pm ET	Elvers Pretzely	Released	Crockett Gillmore	BAL	TE	Waiver Wire
Fri Nov 6 12:25 pm ET	Capital City Crush	Placed on IR	Khiry Robinson	NOR	RB	Owner
Fri Nov 6 12:25 pm ET	Capital City Crush	Acquired	Vernon Davis	DEN	TE	Owner
Fri Nov 6 6:34 pm ET	Elvers Pretzely	Acquired	Connor Barth	TAM	K	Owner
Fri Nov 6 6:34 pm ET	Elvers Pretzely	Released	Atlanta Falcons	ATL	Def/ST	Owner
Sun Nov 8 7:53 am ET	.33 Brady Island	Released	Brandon Coleman	NOR	WR	Owner
Sun Nov 8 7:53 am ET	.33 Brady Island	Acquired	New York Giants	NYG	Def/ST	Owner
Sun Nov 8 8:54 am ET	.33 Brady Island	Released	Cameron Artis-Payne	CAR	RB	Owner
Sun Nov 8 8:54 am ET	.33 Brady Island	Acquired	Corey Brown	CAR	WR	Owner
Sun Nov 8 10:47 am ET	outhere	Released	Heath Miller	PIT	TE	Commissioner
Sun Nov 8 10:47 am ET	outhere	Acquired	Tampa Bay Buccaneers	TAM	Def/ST	Commissioner
Sun Nov 8 11:55 am ET	Licked-N-Rolled	Released	Dan Carpenter	BUF	K	Owner
Sun Nov 8 11:55 am ET	Licked-N-Rolled	Acquired	Atlanta Falcons	ATL	Def/ST	Owner
Sun Nov 8 1:17 pm ET	redneC	Released	Ryan Fitzpatrick	NYJ	QB	Commissioner
Mon Nov 9 5:04 pm ET	Capital City Crush	Taken off IR	Jay Ajayi	MIA	RB	Owner

Sun Nov 8 1:17 pm ET	Capital City Crush	Acquired	redneC	Acquired	Trade
	2016 Draft, Rnd 2		Danny Woodhead, RB		
			Released: Ryan Fitzpatrick, QB		

Tue Nov 3 10:04 pm ET	House of Pain	Acquired	Capital City Crush	Acquired	Trade
	Tennessee Titans, Def/ST		Nick Folk, K		

Tue Nov 3 11:31 am ET	Legion of Doom	Acquired	House of Pain	Acquired	Trade
	Jonathan Stewart, RB		2016 Draft, Rnd 3		
	Jeremy Langford, RB		2016 Draft, Rnd 1		
	Released: Josh McCown, QB				
	Released: Devin Funchess, WR				

Week 10

Tue Nov 10 12:06 pm ET	Capital City Crush	Released	Nick Folk	NYJ	K	Owner
Thu Nov 12 6:06 pm ET	Capital City Crush	Acquired	Graham Gano	CAR	K	Waiver Wire
Thu Nov 12 6:06 pm ET	Earl's Marauders	Acquired	Matt Hasselbeck	IND	QB	Waiver Wire
Thu Nov 12 6:06 pm ET	Earl's Marauders	Placed on IR	Keenan Allen	SDG	WR	Waiver Wire
Fri Nov 13 9:20 pm ET	Q Dawgs	Acquired	Mike Nugent	CIN	K	Owner
Fri Nov 13 9:20 pm ET	Q Dawgs	Released	Josh Lambo	SDG	K	Owner
Sat Nov 14 7:46 pm ET	Elvers Pretzely	Placed on IR	Dion Lewis	NWE	RB	Owner
Sat Nov 14 7:46 pm ET	Elvers Pretzely	Acquired	Brandon Bolden	NWE	RB	Owner



Sun Nov 15 9:32 am ET	Fathead	Acquired	Cairo Santos	KAN	K	Owner
Sun Nov 15 9:32 am ET	Fathead	Placed on IR	Percy Harvin	BUF	WR	Owner
Sun Nov 15 12:54 pm ET	Capital City Crush Blake Bortles, QB 2016 Draft, Rnd 4	Acquired	Licked-N-Rolled 2016 Draft, Rnd 1 (from Earl's Marauders)		Acquired	Trade

Week 11

Tue Nov 17 9:10 pm ET	outhere	Released	Tampa Bay Buccaneers	TAM	Def/ST	Commissioner
Thu Nov 19 7:28 pm ET	Q Dawgs	Released	Mike Wallace	MIN	WR	Owner
Sun Nov 22 10:16 am ET	.33 Brady Island	Released	Anquan Boldin	SFO	WR	Owner
Sun Nov 22 10:16 am ET	.33 Brady Island	Acquired	Devin Funchess	CAR	WR	Owner
Sun Nov 22 12:16 pm ET	redneC	Taken off IR	Tony Romo	DAL	QB	Owner
Sun Nov 22 12:16 pm ET	redneC	Placed on IR	Arian Foster	HOU	RB	Owner
Thu Nov 19 7:28 pm ET	Q Dawgs Brandon LaFell, WR Released: Mike Wallace, WR	Acquired	Licked-N-Rolled 2016 Draft, Rnd 2 (from Legion of Doom)		Acquired	Trade
Thu Nov 19 7:18 pm ET	11 Charles Clay, TE 2016 Draft, Rnd 4	Acquired	Capital City Crush Delanie Walker, TE		Acquired	Trade
Tue Nov 17 9:10 pm ET	outhere Jamaal Charles, RB Released: Tampa Bay Buccaneers, Def/ST	Acquired	Legion of Doom 2016 Draft, Rnd 1 2016 Draft, Rnd 3		Acquired	Trade
Tue Nov 17 9:06 pm ET	outhere Adrian Peterson, RB	Acquired	Capital City Crush Charcandrick West, RB 2016 Draft, Rnd 4 2016 Draft, Rnd 2		Acquired	Trade

Week 12

Thu Nov 26 10:18 am ET	Capital City Crush	Released	Christine Michael	SEA	RB	Owner
Thu Nov 26 11:26 am ET	Elvers Pretzely	Released	Lance Dunbar	DAL	RB	Owner
Thu Nov 26 11:36 am ET	Earl's Marauders	Acquired	Kansas City Chiefs	KAN	Def/ST	Waiver Wire
Thu Nov 26 11:36 am ET	redneC	Acquired	Spencer Ware	KAN	RB	Waiver Wire
Thu Nov 26 11:36 am ET	redneC	Placed on IR	Joe Flacco	BAL	QB	Waiver Wire
Thu Nov 26 1:12 pm ET	11	Released	Dan Herron	IND	RB	Owner
Fri Nov 27 1:12 pm ET	Earl's Marauders	Placed on IR	Justin Forsett	BAL	RB	Owner
Fri Nov 27 1:14 pm ET	Earl's Marauders	Acquired	Crockett Gillmore	BAL	TE	Owner
Sat Nov 28 10:53 am ET	Elvers Pretzely	Released	Cody Parkey	PHI	K	Owner
Sat Nov 28 10:53 am ET	Elvers Pretzely	Placed on IR	Colin Kaepernick	SFO	QB	Owner
Sat Nov 28 10:53 am ET	Elvers Pretzely	Acquired	J.J. Nelson	ARI	WR	Owner
Thu Nov 26 10:34 am ET	Capital City Crush Mark Ingram, RB	Acquired	Earl's Marauders 2016 Draft, Rnd 3 2016 Draft, Rnd 2 2016 Draft, Rnd 2 (from Q Dawgs)		Acquired	Trade

Week 13

Thu Dec 3 6:06 pm ET	.33 Brady Island	Acquired	Cameron Brate	TAM	TE	Waiver Wire
Thu Dec 3 6:06 pm ET	.33 Brady Island	Released	New York Giants	NYG	Def/ST	Waiver Wire
Thu Dec 3 6:06 pm ET	Fathead	Acquired	Scott Chandler	NWE	TE	Waiver Wire
Thu Dec 3 6:06 pm ET	Fathead	Released	Terrance West	BAL	RB	Waiver Wire
Thu Dec 3 6:06 pm ET	House of Pain	Acquired	Shaun Draughn	SFO	RB	Waiver Wire
Thu Dec 3 6:30 pm ET	House of Pain	Placed on IR	Jimmy Graham	SEA	TE	Owner
Fri Dec 4 10:42 pm ET	House of Pain	Acquired	Jacob Tamme	ATL	TE	Owner
Sun Dec 6 11:37 am ET	Elvers Pretzely	Acquired	Vance McDonald	SFO	TE	Owner
Sun Dec 6 10:29 pm ET	Capital City Crush	Released	Vernon Davis	DEN	TE	Owner
Mon Dec 7 9:32 pm ET	redneC	Released	Tony Romo	DAL	QB	Owner

Week 14

Thu Dec 10 6:06 pm ET	Capital City Crush	Acquired	Josh Gordon	CLE	WR	Waiver Wire
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Thu Dec 10 6:06 pm ET	11	Acquired	Theo Riddick	DET	RB	Waiver Wire
Thu Dec 10 6:51 pm ET	Earl's Marauders	Released	Pittsburgh Steelers	PIT	Def/ST	Commissioner
Thu Dec 10 7:20 pm ET	Capital City Crush	Placed on IR	Martellus Bennett	CHI	TE	Owner
Sat Dec 12 11:59 am ET	redneC	Released	Matt Bryant	ATL	K	Owner
Sat Dec 12 11:59 am ET	redneC	Acquired	Jason Myers	JAC	K	Owner
Sun Dec 13 11:49 am ET	Elvers Pretzely	Released	Colin Kaepernick	SFO	QB	Owner
Sun Dec 13 11:49 am ET	Elvers Pretzely	Acquired	Cameron Artis-Payne	CAR	RB	Owner
Sun Dec 13 11:49 am ET	Elvers Pretzely	Placed on IR	Marquess Wilson	CHI	WR	Owner
Sun Dec 13 11:52 am ET	Elvers Pretzely	Released	Connor Barth	TAM	K	Owner
Sun Dec 13 11:52 am ET	Elvers Pretzely	Acquired	Brock Osweiler	DEN	QB	Owner

Thu Dec 10 6:51 pm ET	Earl's Marauders	Acquired	House of Pain	Acquired	Trade
	Ameer Abdullah, RB		2016 Draft, Rnd 2		
	Released: Pittsburgh Steelers, Def/ST				

Week 15

Tue Dec 15 7:16 pm ET	Fathead	Released	Percy Harvin	BUF	WR	Owner
Tue Dec 15 7:17 pm ET	Fathead	Placed on IR	Thomas Rawls	SEA	RB	Owner
Wed Dec 16 12:31 am ET	Capital City Crush	Released	Martellus Bennett	CHI	TE	Owner
Wed Dec 16 12:31 am ET	Capital City Crush	Released	Khiry Robinson	NOR	RB	Owner
Thu Dec 17 6:06 pm ET	Fathead	Acquired	Bryce Brown	SEA	RB	Waiver Wire
Thu Dec 17 6:06 pm ET	Earl's Marauders	Acquired	Denard Robinson	JAC	RB	Waiver Wire
Thu Dec 17 6:06 pm ET	Earl's Marauders	Released	Coby Fleener	IND	TE	Waiver Wire
Thu Dec 17 6:06 pm ET	Capital City Crush	Acquired	Tampa Bay Buccaneers	TAM	Def/ST	Waiver Wire
Thu Dec 17 6:06 pm ET	Capital City Crush	Acquired	Tim Hightower	NOR	RB	Waiver Wire
Thu Dec 17 7:05 pm ET	Capital City Crush	Placed on IR	Mark Ingram	NOR	RB	Owner
Fri Dec 18 9:14 pm ET	Fathead	Released	Miami Dolphins	MIA	Def/ST	Owner
Fri Dec 18 9:14 pm ET	Fathead	Acquired	Pittsburgh Steelers	PIT	Def/ST	Owner

Week 16

Tue Dec 22 7:11 pm ET	Capital City Crush	Released	Tampa Bay Buccaneers	TAM	Def/ST	Owner
Tue Dec 22 7:11 pm ET	Capital City Crush	Released	Ryan Tannehill	MIA	QB	Owner
Thu Dec 24 6:06 pm ET	Q Dawgs	Acquired	Bilal Powell	NYJ	RB	Waiver Wire
Thu Dec 24 6:06 pm ET	Q Dawgs	Released	Cordarrelle Patterson	MIN	WR	Waiver Wire
Fri Dec 25 4:57 pm ET	Elvers Pretzely	Released	Tre Mason	STL	RB	Owner
Fri Dec 25 4:57 pm ET	Elvers Pretzely	Acquired	Kirk Cousins	WAS	QB	Owner
Sun Dec 27 12:23 pm ET	.33 Brady Island	Released	Kendall Wright	TEN	WR	Owner
Sun Dec 27 12:23 pm ET	.33 Brady Island	Acquired	Mike Gillislee	BUF	RB	Owner

Playoff Week 1

Wed Dec 30 7:44 am ET	House of Pain	Taken off IR	Jimmy Graham	SEA	TE	Owner
Wed Dec 30 4:25 pm ET	Capital City Crush	Taken off IR	Mark Ingram	NOR	RB	Owner
Thu Dec 31 4:41 pm ET	Elvers Pretzely	Released	Marquess Wilson	CHI	WR	Owner
Thu Dec 31 4:42 pm ET	Elvers Pretzely	Taken off IR	Dion Lewis	NWE	RB	Owner
Thu Dec 31 4:42 pm ET	Elvers Pretzely	Released	Brandon Bolden	NWE	RB	Owner
Fri Jan 1 9:43 am ET	Q Dawgs	Taken off IR	Steve Smith	BAL	WR	Owner
Fri Jan 1 9:43 am ET	Q Dawgs	Released	Andre Ellington	ARI	RB	Owner
Fri Jan 1 9:21 pm ET	Fathead	Taken off IR	Jordy Nelson	GNB	WR	Owner
Fri Jan 1 9:21 pm ET	Fathead	Taken off IR	Thomas Rawls	SEA	RB	Owner
Fri Jan 1 9:21 pm ET	Fathead	Released	Scott Chandler	NWE	TE	Owner
Fri Jan 1 9:21 pm ET	Fathead	Released	Owen Daniels	DEN	TE	Owner
Sat Jan 2 2:05 am ET	redneC	Taken off IR	Arian Foster	HOU	RB	Owner
Sat Jan 2 2:05 am ET	redneC	Released	Joe Flacco	BAL	QB	Owner
Sat Jan 2 11:00 pm ET	Licked-N-Rolled	Acquired	Owen Daniels	DEN	TE	Owner
Sat Jan 2 11:00 pm ET	Licked-N-Rolled	Released	Jared Cook	STL	TE	Owner
Sun Jan 3 10:54 am ET	redneC	Released	Dwayne Harris	NYG	WR	Owner
Sun Jan 3 10:54 am ET	redneC	Acquired	Ryan Fitzpatrick	NYJ	QB	Owner
Sun Jan 3 12:02 pm ET	.33 Brady Island	Released	Charles Johnson	MIN	WR	Owner
Sun Jan 3 12:02 pm ET	.33 Brady Island	Acquired	Brandon Bolden	NWE	RB	Owner
Sun Jan 3 3:52 pm ET	Earl's Marauders	Taken off IR	Keenan Allen	SDG	WR	Owner
Sun Jan 3 3:52 pm ET	Earl's Marauders	Taken off IR	Justin Forsett	BAL	RB	Owner



Sun Jan 3 3:52 pm ET	Earl's Marauders	Released	Greg Zuerlein	STL	K	Owner
Sun Jan 3 3:52 pm ET	Earl's Marauders	Released	Crockett Gillmore	BAL	TE	Owner

Offseason

Mon Jan 4 4:07 pm ET	Legion of Doom	Taken off IR	Le'Veon Bell	PIT	RB	Commissioner
Mon Jan 4 4:07 pm ET	Licked-N-Rolled	Taken off IR	Kelvin Benjamin	CAR	WR	Commissioner

Sun Jan 24 6:08 pm ET	Fathead	Acquired	redneC	Acquired	Trade
	Javorius Allen, RB 2016 Draft, Rnd 1		Jeremy Hill, RB		