

Week 1

*San Francisco 49ers 5

Released	Michael Carter	ARI RB	Owner	Sat Jun 8 9:29am ET
Released	Emari Demercado	ARI RB	Owner	Sat Jun 8 9:29am ET
Released	Jimmy Garoppolo	LAR QB	Owner	Sat Jun 8 9:29am ET
Released	Treylon Burks	TEN WR	Owner	Sat Jun 8 9:29am ET
Traded		Frank Nitti		Wed Jun 26 9:47pm ET
	Rashid Shaheed WR NO		Rnd 5, Pick 2	
			Rnd 7, Pick 7	
Traded		Frank Nitti		Wed Jun 26 6:18pm ET
	Adam Thielen WR CAR		Rnd 6, Pick 2	
Traded		Frank Nitti		Sun Jun 23 12:22am ET
	Derrick Henry RB BAL		Stefon Diggs WR HOU	
	Pat Freiermuth TE PIT		Dalton Schultz TE HOU	
Traded		KingDonkey7		Wed Jun 19 10:43pm ET
	Tyler Lockett WR SEA		Rnd 3, Pick 8	
	Rnd 6, Pick 8			
Traded		KingDonkey7		Sun Jun 9 12:51pm ET
	Rnd 1, Pick 8		Kyren Williams RB LAR	
			Rnd 10, Pick 12	
Traded		Let's Trade		Sun Jun 9 1:00am ET
	Jameson Williams WR DET		Nick Chubb RB CLE	
	Rnd 3, Pick 8		Rashee Rice WR KC	
	Rnd 4, Pick 8		Rnd 9, Pick 6	
			Rnd 10, Pick 6	
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AnonFLEX1

Released	Isaiah Likely	BAL TE	Owner	Sun Jul 14 2:45am ET
Released	Easton Stick	LAC QB	Owner	Thu Jul 11 3:15am ET
Released	Isaiah Spiller	LAC RB	Owner	Thu Jul 11 3:15am ET
Released	Elijah Moore	CLE WR	Owner	Thu Jul 11 3:15am ET
Traded		Frank Nitti		Sat Jul 13 9:35pm ET
	Dameon Pierce RB HOU		Rnd 7, Pick 2	
	Rnd 10, Pick 11			
Traded		Here comes Drake 1		Sat Jul 13 9:35pm ET
Haded	Brandin Cooks WR DAL		Rnd 5, Pick 1	
	BIANUIT COOKS WIT DAL		KIIU J, FICK I	
Traded		coltsocr		Tue Jun 11 2:18pm ET
	Devon Achane RB MIA		Chase Brown RB CIN	
	Marvin Mims WR DEN		Rnd 1, Pick 6	
Traded		Revengers		Tue Jun 11 7:52am ET
Traueu	Tee Higgins WR CIN	Revengers	Jaylen Waddle WR MIA	Tue Juli 117.52alli ET
	Rhamondre Stevenson RB NE		Rnd 3, Pick 1	
			KIIU S, FICK I	
	Rnd 5, Pick 11			
coltsocr				
0010001				
Released	Royce Freeman	DAL RB	Owner	Mon Jul 8 10:24am ET



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Released	Dalvin Cook	BAL RB	Owner	Mon Jul 8 10:24am ET
Released	Alexander Mattison	LV RB	Owner	Mon Jul 8 10:24am ET
Released	Joshua Kelley	LAC RB	Owner	Mon Jul 8 10:24am ET
Released	Kadarius Toney	KC WR	Owner	Mon Jul 8 10:24am ET
Released	Hassan Haskins	TEN RB	Owner	Mon Jul 8 10:24am ET
Released	Trey Lance	DAL QB	Owner	Mon Jul 8 10:24am ET
Released	Marvin Mims	DEN WR	Owner	Mon Jul 8 10:24am ET
Traded		AnonFLEX1		Tue Jun 11 2:18pm ET
	Chase Brown RB CIN		Devon Achane RB MIA	
	Rnd 1, Pick 6		Marvin Mims WR DEN	
Traded		Let's Trade		Mon Apr 8 11:27am ET
nadeu		Lets Hade		·
	Michael Mayer TE LV		David Montgomery RB DET	
	Rnd 1, Pick 5		Rnd 1, Pick 6	

Eskimo Brothers

Released	Darnell Mooney	ATL WR	Owner	Sat Jul 13 6:33pm ET
Released	Israel Abanikanda	NYJ RB	Owner	Thu Jul 11 1:44pm ET
Released	Elijah Mitchell	SF RB	Owner	Thu Jul 11 1:44pm ET
Released	Michael Wilson	ARI WR	Owner	Thu Jul 11 1:44pm ET
Released	Tutu Atwell	LAR WR	Owner	Tue Jul 2 7:46pm ET
Released	Justyn Ross	KC WR	Owner	Tue Jul 2 7:46pm ET
Released	Cam Akers	MIN RB	Owner	Tue Jul 2 7:44pm ET
Off I/R	Cam Akers	MIN RB	Owner	Tue Jul 2 7:40pm ET
Released	Desmond Ridder	ARI QB	Owner	Tue Jul 2 7:40pm ET
Traded		Let's Trade		Sat May 11 6:29am ET
	Drake London WR ATL		Marquise Brown WR KC	

James Cook RB BUF

Frank Nitti

On I/R	Keaton Mitchell	BAL RB	Owner	Tue Jul 16 5:29pm ET
Released	Miles Sanders	CAR RB	Owner	Sat Jul 13 9:38pm ET
Released	Trey Palmer	TB WR	Owner	Fri Jun 28 3:51pm ET
Released	D.J. Chark	LAC WR	Owner	Wed Jun 26 9:04pm ET
Released	K.J. Osborn	NE WR	Owner	Wed Jun 26 9:04pm ET
Released	Darren Waller	NYG TE	Owner	Sat Jun 22 11:28pm ET
Off I/R	Daniel Jones	NYG QB	Owner	Fri May 31 8:42am ET
Released	Tommy Tremble	CAR TE	Owner	Fri May 31 8:42am ET
Released	DeVante Parker	PHI WR	Owner	Fri May 31 8:42am ET
Released	Deuce Vaughn	DAL RB	Owner	Fri May 31 8:42am ET
Released	Sean Tucker	TB RB	Owner	Fri May 31 8:42am ET
Released	Clyde Edwards-Helaire	KC RB	Owner	Fri May 31 8:42am ET
Released	Julian Hill	MIA TE	Owner	Fri May 31 8:42am ET
Released	Bailey Zappe	NE QB	Owner	Fri May 31 8:42am ET
Traded		AnonFLEX1		Sat Jul 13 9:35pm ET
	Rnd 7, Pick 2		Dameon Pierce RB HOU	
			Rnd 10, Pick 11	
-				TI 1 44 0 00 FT
Traded		Same Old Lions		Thu Jul 11 3:39pm ET
	Derrick Henry RB BAL		D'Andre Swift RB CHI	
			Zamir White RB LV	
Traded		*San Francisco 49ers 5		Wed Jun 26 9:47pm ET
	Rnd 5, Pick 2		Rashid Shaheed WR NO	



	Rnd 7, Pick 7			
Traded		*San Francisco 49ers 5		Wed Jun 26 6:18pm ET
	Rnd 6, Pick 2		Adam Thielen WR CAR	
Traded		Revengers		Sun Jun 23 8:09am ET
	Rnd 3, Pick 2		Keaton Mitchell RB BAL	
			Rnd 4, Pick 6	
Traded		*San Francisco 49ers 5		Sun Jun 23 12:22am ET
	Stefon Diggs WR HOU		Derrick Henry RB BAL	
	Dalton Schultz TE HOU		Pat Freiermuth TE PIT	
Traded		Let's Trade		Sat Jun 22 11:27pm ET
	Rnd 4, Pick 2		Dalton Schultz TE HOU	
Traded		Lone		Sat Jun 22 9:35pm ET
	Kenny Pickett QB PHI		Rnd 7, Pick 7	

Here comes Drake 1

Released	Zay Jones	ARI WR	Owner	Sat Jul 13 9:37pm ET
Released	John Metchie III	HOU WR	Owner	Sat Jul 13 5:15pm ET
Released	Chris Rodriguez Jr.	WAS RB	Owner	Sat Jul 13 5:15pm ET
Released	Jamison Crowder	WAS WR	Owner	Tue Jul 2 10:31am ET
Released	Isaiah Hodgins	NYG WR	Owner	Tue Jul 2 10:31am ET
Released	Terrace Marshall Jr.	CAR WR	Owner	Tue Jul 2 10:31am ET
Released	Jeff Wilson	MIA RB	Owner	Tue Jul 2 10:31am ET
Traded		AnonFLEX1		Sat Jul 13 9:35pm ET
	Rnd 5, Pick 1		Brandin Cooks WR DAL	

KingDonkey7

Released	Jarrett Stidham	DEN QB	Owner	Mon Jul 8 4:36pm ET
Released	Tucker Kraft	GB TE	Owner	Mon Jul 8 4:36pm ET
Released	Justice Hill	BAL RB	Owner	Sat Jun 22 7:41pm ET
Released	Skyy Moore	KC WR	Owner	Sat Jun 22 7:41pm ET
Released	Rashod Bateman	BAL WR	Owner	Sat Jun 22 7:41pm ET
Released	Ryan Tannehill	TEN QB	Owner	Sat Jun 22 7:41pm ET
Released	Deneric Prince	KC RB	Owner	Sat Jun 22 7:41pm ET
Traded		*San Francisco 49ers 5		Wed Jun 19 10:43pm ET
	Rnd 3, Pick 8		Tyler Lockett WR SEA	
			Rnd 6, Pick 8	
Traded		Let's Trade		Sun Jun 16 11:35am ET
	Jake Ferguson TE DAL		Michael Mayer TE LV	
	Rnd 1, Pick 12		Tucker Kraft TE GB	
	2025 Draft, Rnd 1		Rnd 1, Pick 5	
			Rnd 3, Pick 8	
Traded		*San Francisco 49ers 5		Sun Jun 9 12:51pm ET
	Kyren Williams RB LAR		Rnd 1, Pick 8	
	Rnd 10, Pick 12			
Let's Trade				
Released	Chigoziem Okonkwo	TEN TE	Owner	Fri Jul 12 9:55pm ET



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				Thu Jul 18 10:54p
Released	Michael Thomas	NO WR	Owner	Fri Jul 12 9:55pm ET
Released	Jalin Hyatt	NYG WR	Owner	Fri Jul 12 9:55pm ET
Off I/R	Nick Chubb	CLE RB	Owner	Mon Apr 22 9:05pm ET
Off I/R	Michael Thomas	NO WR	Owner	Mon Apr 22 9:05pm ET
Released	Tommy DeVito	NYG QB	Owner	Mon Apr 22 9:05pm ET
Released	Kayshon Boutte	NE WR	Owner	Mon Apr 22 9:05pm ET
Traded		Frank Nitti		Sat Jun 22 11:27pm ET
	Dalton Schultz TE HOU		Rnd 4, Pick 2	
Traded		KingDonkey7		Sun Jun 16 11:35am ET
	Michael Mayer TE LV		Jake Ferguson TE DAL	
	Tucker Kraft TE GB		Rnd 1, Pick 12	
	Rnd 1, Pick 5		2025 Draft, Rnd 1	
	Rnd 3, Pick 8			
Traded		*San Francisco 49ers 5		Sun Jun 9 1:00am ET
	Nick Chubb RB CLE		Jameson Williams WR DET	
	Rashee Rice WR KC		Rnd 3, Pick 8	
	Rnd 9, Pick 6		Rnd 4, Pick 8	
	Rnd 10, Pick 6			
Traded		Revengers		Mon Moy 27 1:56nm ET
Traded	Joe Burrow QB CIN	Revengers	Bryce Young QB CAR	Mon May 27 1:56pm ET
	Rnd 4, Pick 6		Dalton Kincaid TE BUF	
			Rnd 3, Pick 12	
Traded		Eskimo Brothers		Sat May 11 6:29am ET
	Marquise Brown WR KC		Drake London WR ATL	
	James Cook RB BUF			
Traded		Revengers		Sat May 4 11:45pm ET
	D.K. Metcalf WR SEA		Rashee Rice WR KC	
			Rnd 3, Pick 9	
			Rnd 4, Pick 3	
Traded		coltsocr		Mon Apr 8 11:27am ET
	David Montgomery RB DET		Michael Mayer TE LV	
	Rnd 1, Pick 6		Rnd 1, Pick 5	
Lone				
Released	Jonathan Mingo	CAR WR	Owner	Sat Jun 22 9:37pm ET
Released	Kalif Raymond	DET WR	Owner	Mon May 6 9:45am ET
Released	Marquez Valdes-Scantling	BUF WR	Owner	Mon May 6 9:45am ET
Released	Parris Campbell	PHI WR	Owner	Tue Apr 30 10:38am ET
Released	Logan Thomas	SF TE	Owner	Tue Apr 30 10:38am ET
Released	Joe Flacco	IND QB	Owner	Thu Apr 18 11:40am ET
Released	Dorian Thompson-Robinson	CLE QB	Owner	Thu Apr 18 11:40am ET
Released	Michael Gallup	LV WR	Owner	Thu Apr 18 11:40am ET
Traded		Frank Nitti		Sat Jun 22 9:35pm ET
	Rnd 7, Pick 7		Kenny Pickett QB PHI	
Traded		Revengers		Sun May 5 2:26pm ET
	Jordan Love QB GB	·	J.K. Dobbins RB LAC	
	Rnd 1, Pick 7		Jonathan Mingo WR CAR	
			Rnd 1, Pick 3	
			Rnd 2, Pick 3	



Get Your Flex On!

Michigan

Released	Jahan Dotson	WAS WR	Owner	Sun Jul 14 12:28am ET
Released	Antonio Gibson	NE RB	Owner	Sun Jul 14 12:28am ET
Released	Jake Browning	CIN QB	Owner	Sat Jul 13 11:46pm ET
Released	Khalil Herbert	CHI RB	Owner	Sat Jul 13 11:46pm ET
Released	Stetson Bennett	LAR QB	Owner	Wed Jul 10 6:17pm ET
Released	Noah Brown	HOU WR	Owner	Wed Jul 10 6:17pm ET
Released	Alec Pierce	IND WR	Owner	Wed Jul 10 6:17pm ET
Released	Cedric Tillman	CLE WR	Owner	Wed Jul 10 6:17pm ET
Off I/R	Kirk Cousins	ATL QB	Owner	Sun Apr 7 10:58am ET
Off I/R	Stetson Bennett	LAR QB	Owner	Sun Apr 7 10:58am ET
Revengers				
Released	Hendon Hooker	DET QB	Owner	Tue Mar 12 6:24am ET
Released	Aidan O'Connell	LV QB	Owner	Tue Mar 12 6:24am ET
Traded		Frank Nitti		Sun Jun 23 8:09am ET
	Keaton Mitchell RB BAL		Rnd 3, Pick 2	
	Rnd 4, Pick 6			
Traded		AnonFLEX1		Tue Jun 11 7:52am ET
	Jaylen Waddle WR MIA		Tee Higgins WR CIN	
	Rnd 3, Pick 1		Rhamondre Stevenson RB NE	
			Rnd 5, Pick 11	
Traded		Let's Trade		Mon May 27 1:56pm ET
Traded	Bryce Young QB CAR	Let's Trade	Joe Burrow QB CIN	Mon May 27 1:56pm ET
Traded	Bryce Young QB CAR Dalton Kincaid TE BUF	Let's Trade	Joe Burrow QB CIN Rnd 4, Pick 6	Mon May 27 1:56pm ET
Traded		Let's Trade		Mon May 27 1:56pm ET
Traded	Dalton Kincaid TE BUF	Let's Trade Lone		Mon May 27 1:56pm ET Sun May 5 2:26pm ET
	Dalton Kincaid TE BUF			
	Dalton Kincaid TE BUF Rnd 3, Pick 12		Rnd 4, Pick 6	
	Dalton Kincaid TE BUF Rnd 3, Pick 12 J.K. Dobbins RB LAC		Rnd 4, Pick 6 Jordan Love QB GB	
	Dalton Kincaid TE BUF Rnd 3, Pick 12 J.K. Dobbins RB LAC Jonathan Mingo WR CAR		Rnd 4, Pick 6 Jordan Love QB GB	
	Dalton Kincaid TE BUF Rnd 3, Pick 12 J.K. Dobbins RB LAC Jonathan Mingo WR CAR Rnd 1, Pick 3		Rnd 4, Pick 6 Jordan Love QB GB	
	Dalton Kincaid TE BUF Rnd 3, Pick 12 J.K. Dobbins RB LAC Jonathan Mingo WR CAR Rnd 1, Pick 3 Rnd 2, Pick 3		Rnd 4, Pick 6 Jordan Love QB GB	
Traded	Dalton Kincaid TE BUF Rnd 3, Pick 12 J.K. Dobbins RB LAC Jonathan Mingo WR CAR Rnd 1, Pick 3 Rnd 2, Pick 3	Lone	Rnd 4, Pick 6 Jordan Love QB GB	Sun May 5 2:26pm ET
Traded	Dalton Kincaid TE BUF Rnd 3, Pick 12 J.K. Dobbins RB LAC Jonathan Mingo WR CAR Rnd 1, Pick 3 Rnd 2, Pick 3 Rnd 3, Pick 3	Lone	Rnd 4, Pick 6 Jordan Love QB GB Rnd 1, Pick 7	Sun May 5 2:26pm ET
Traded	Dalton Kincaid TE BUF Rnd 3, Pick 12 J.K. Dobbins RB LAC Jonathan Mingo WR CAR Rnd 1, Pick 3 Rnd 2, Pick 3 Rnd 3, Pick 3 Rashee Rice WR KC	Lone	Rnd 4, Pick 6 Jordan Love QB GB Rnd 1, Pick 7	Sun May 5 2:26pm ET

Same Old Lions

Released	Mac Jones	JAX QB	Owner	Thu Jul 11 3:40pm ET
Released	Mason Rudolph	TEN QB	Owner	Thu Apr 11 1:03pm ET
Off I/R	Justin Herbert	LAC QB	Owner	Thu Apr 11 1:03pm ET
Traded		Frank Nitti		Thu Jul 11 3:39pm ET
	D'Andre Swift RB CHI		Derrick Henry RB BAL	
	Zamir White RB LV			